



LEADERSHIP BLIND SPOT WORKSHEET

A Self-Assessment for Christian Business Leaders

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A blind spot is a behavior, mindset, attitude, or pattern that limits your leadership effectiveness — one you cannot easily see in yourself. This worksheet will walk you through honest reflection, a self-assessment, and a concrete plan for growth. Take your time. Be honest. Growth begins with sight.

Name: _____

Date: _____

1 INITIAL REFLECTION — Answer Honestly

1 Where has growth stalled in my leadership?

2 What relational tensions keep repeating?

3 What feedback have I historically resisted?

4 What leadership complaint have I heard more than once?

2 BLIND SPOT INDICATOR CHECKLIST (Rate 1–5)

Rate how often each statement is true of you. 1 = Never, 5 = Often. Total each category before moving to Section 3.

CONTROL

1 = Never → 5 = Often

• I struggle to delegate fully.

(1) (2) (3) (4) (5)

• I redo others' work.

(1) (2) (3) (4) (5)

• I feel anxious when not involved.

(1) (2) (3) (4) (5)

CATEGORY TOTAL:

____ / 15

APPROVAL

1 = Never → 5 = Often

- I avoid hard conversations.
- I delay correction.
- I fear being disliked.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

CATEGORY TOTAL:

____ / 15

PRIDE

1 = Never → 5 = Often

- I become defensive quickly.
- I struggle to admit mistakes.
- I believe most problems originate with others.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

CATEGORY TOTAL:

____ / 15

BUSINESS

1 = Never → 5 = Often

- I equate productivity with worth.
- I feel guilty resting.
- My schedule lacks margin.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

CATEGORY TOTAL:

____ / 15

EMOTIONAL REGULATION

1 = Never → 5 = Often

- My mood impacts my team.
- I replay conflicts mentally.
- I react strongly under stress.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

CATEGORY TOTAL:

____ / 15

SPIRITUAL BYPASS

1 = Never → 5 = Often

- I delay action under spiritual language.
- I avoid accountability.
- I equate gifting with maturity.

1	2	3	4	5
1	2	3	4	5
1	2	3	4	5

CATEGORY TOTAL:

____ / 15

3 PATTERN ANALYSIS

1

Which category scored highest?

2 Where do you feel most defensive reading this worksheet?

3 What secondary benefit does this blind spot give you? (Power, validation, approval, control?)

4 CORRECTION PLAN

1 My primary blind spot:

2 How it limits my leadership:

Three corrective actions:

A

B

C

3 Who will hold me accountable?

"The Lord turned and looked at Peter... that look exposed the blind spot."
— Luke 22:61

5 PRAYER COMMITMENT

Write a personal prayer asking God to reveal and refine the blind spot you have identified today.

"Search me, O God, and know my heart; try me, and know my anxious thoughts."
— Psalm 139:23

Blind spots exposed are blind spots weakened. God is more committed to your growth than your comfort.